





GREEN IMPACT FOR HEALTH NEWSLETTER

September 2023

Deadline for submitting your toolkit: 30th Sept 2023

Important reminder: The deadline for submitting your <u>Green Impact for Health toolkit</u> is **30**th **September 2023.** You MUST submit your toolkit by midnight on 30th September to be eligible for a Green Impact award in 2023. If you do not submit before the deadline, your next opportunity for an award will be in Autumn 2024. Instructions on how to submit your toolkit are in the next section.

Following the deadline, we will be conducting audits to verify your award level. In most cases, a trained student auditor will review your toolkit and will ask you some questions (ideally over a video call). You should let us know your availability for your audit, and preferred communication method, in the form here (by 4th October). All practices hoping for an award must complete this form as well as submitting their toolkit.

Thank you and well done to all practices who have taken part and will be submitting for an award - we can't wait to see the results and impact that we've had!

How to submit your toolkit

- 1. ONE person from your team should log in to the toolkit here: <u>https://toolkit.sos-uk.org/greenimpact/giforhealth/login</u>
- 2. On the 'toolkit' page, review your completed actions. Have you marked all completed actions as 'done'? Have you provided comments and/or evidence?
- 3. When you are ready, press the black 'submit toolkit' button on the top right of the page. This must be done before 30th September.
- 4. If you need to retract your submission before the deadline to view/amend anything, you can do so on the 'toolkit' page. Just make sure to resubmit before the deadline.
- 5. Once you've submitted your toolkit, you <u>must complete the short form here</u> to help us plan your audit (by 4th October).

Toolkit updates

Over the summer the toolkit has been reviewed and updated. If you spot something that does not work, needs updating or improving please let \underline{us} know.

The 'further information' section has been changed to a 'why, how, and what else' format.



How to use the Theme filter: You can search for more than one theme when you use the filter. The criteria are mostly unchanged. A few new criteria have been added. They will appear in each relevant 'Theme' section but you also can find them by searching for 'Bonus' in the 'Theme' filter. You can now search for 'Carbon Hotspot' and a 'Cost Hotspot' using the Theme filter which should help you prioritise your efforts.

How to use the 'Area' filter: You can search for he 'Clinical' or 'Governance' criteria which should help you assign tasks in your team.

Opportunities/events/publications to know about.

- Is your hospital, health system, or organisation serious about tackling the climate crisis? <u>A checklist</u>.
- North East London has a series of recorded webinars on <u>Building a Net Zero Primary</u> <u>Care - Newham Training Hub</u>
- Care Quality Commission CQC has a <u>new assessment framework</u> with <u>Quality</u> <u>statements</u> and <u>Evidence categories</u>. CQC has added sustainability into its single assessment framework. For mitigation of the climate crisis a practice needs to well led. For adaptation to the climate crisis a practice needs to be well led and safe
- Health impact assessment: estimating the health impacts of a Green Plan. This document captures much of the research in the area and can help you develop arguments on health benefit.
- **Carbon offsetting:** How to reduce the impact of flying. This WHICH <u>article</u> suggests what else you can do. Instead of using the airlines' schemes, you can offset your carbon emissions betters using the non-profit <u>Atmosfair</u>.
- RCGP Wessex has a Wessex Sustainable Practice Award. Apply here.
- The <u>RCGP Net Zero Hub</u> has the following resources for General Practices
 - 1. An e-learning module <u>Introduction to sustainable healthcare</u> highlights the carbon footprint of primary care and the opportunities to reduce our emissions in both the short and the long term.
 - 2. The e-learning module <u>High quality & low carbon respiratory care</u> guides how to improve asthma outcomes whilst reducing the carbon footprint of inhaler prescribing.
 - 3. The e-learning module <u>Understanding non-clinical carbon and general practice</u> identifies carbon emission hotspots and the actions needed to reduce the non-clinical carbon emissions
 - 4. A free guide to <u>Decarbonising general practice Net Zero action plan for non-clinical</u> <u>emissions</u> that focuses on understanding and addressing non-clinical carbon within general practice.
 - 5. Its <u>Net Zero service</u> matches a practice with a trained adviser who will work closely with the team to develop a decarbonisation plan.
- The 2023 Healthy <u>NDC Scorecard</u> covers the 58 Nationally Determined Contributions (national commitments to deliver the Paris Agreement) submitted between 1 October 2021 and 23 September 2022, the Scorecard shows that health and climate links are under-recognised by industrialised countries, and that health language does not always translate to healthy climate action.

UK Health Alliance on Climate Change resources

The next UKHACC 'in conversation' is 12.30pm 7/9/23 with chair of adaptation committee Baroness Brown - <u>register</u> and submit your questions about what has to be done.

If you miss it these webinars are recorded. Recent <u>webinars</u> include Protecting our ocean for all our health, and Clean Air. The Clean Air Wins <u>website</u> and <u>slide deck</u> presented at the meeting can be accessed through the links. This article by UKHACC Chair, Richard Smith on <u>why health</u> <u>professionals need to speak up about clean air</u> may also be helpful.

Use the UKHACC <u>template</u> to ask your MP to act for a healthy climate.

Nature based interventions - recent research that shows benefits

- https://journals.sagepub.com/doi/10.1177/17579139231170768
- <u>https://www.thelancet.com/journals/lanplh/article/PIIS2542-5196(23)00025-6/fulltext</u>
- https://www.mdpi.com/1660-4601/18/5/2563

Other news and resources

- The <u>NHS Evergreen Sustainable Supplier Assessment</u> is a self-assessment and reporting tool for suppliers to share sustainability information with the NHS, providing a single route for information and data sharing between suppliers and the NHS. After completing the assessment, suppliers will receive a sustainability maturity score against NHS priorities, which signposts their current position and pathway to progress.
- **RxISK** is a 'free, independent drug safety <u>website</u> to help weigh the benefits of any medication against its potential dangers'
- **GP evidence** <u>website</u> is intended to support clinical judgement and shared decision making alongside clinical guidelines and standard practice.
- **University of Plymouth** has been one of the leaders in promoting sustainability in its nursing and allied health professionals <u>curricula</u>.
- The World Health Organization has called for a Fossil Fuel Non-Proliferation Treaty and an end to fossil fuel subsidies. Prior to the <u>WONCA World Conference in Sydney</u> 26-29/10/23, and <u>COP28 in Dubai</u> 30/11-12/12/23 . *WONCA World* calls on world leaders to take urgent action to safeguard the health of global populations from the climate crisis, and asks Family Doctors and their organisations to sign this <u>petition</u> to secure a just and equitable transition to sustainable energy and safeguard health from the climate emergency.
- Here's the Cheshire and Merseyside 10-Point Plan with a resources page at the end for all primary care. <u>10-Point Green Plan for Primary Care</u> (cheshireandmerseyside.nhs.uk)
- Green Health Wales website A network for sustainable healthcare in Wales.

Funding Green Impact

TheRCGP has agreed to fund the toolkit at SOS-UK until December 2025. We still need additional funds to provide additional improvements and support. Please donate to SOS-UK



via our <u>charity PayPal account</u>. Choose the Green Impact option. It will take you less than a minute to make your donation! A big thank you to everyone who has contributed so far.

To keep up to date with SOS-UK's programme and campaign news, <u>sign up</u> to our newsletter. If you require any help or further information, please contact : <u>giforhealth@sos-uk.org</u> or <u>Greenimpactforhealth@gmail.com</u>

Visit the Green Impact toolkit now!

You are receiving this email because you have an active account on the Green Impact toolkit. Our monthly newsletter contains important information about the toolkit and your award so is sent to all active users. If you would like us to deactivate your Green Impact account, and stop receiving emails, please email giforhealth@sos-uk.org.

